

# ITA-1350 Temporary Bridge - Clear Retainer containing a False Tooth

## TempoBridge® Temporary Bridge



### Description

Temporary Bridges or TempoBridge® is now available for individuals that are in need of a false tooth. If you have a missing tooth, a bridge will be custom made to fill in the space with a false tooth; in the meantime, you may use a temporary bridge. This false tooth is attached within a clear retainer - bridging them together, sometimes called a flipper.

A Flipper is a false tooth to temporarily take the place of a missing tooth before the permanent bridge is placed. A Flipper can be attached via either a wire or a plastic piece that fits in the roof of your mouth. Flippers are meant to be a temporary solution while awaiting the permanent bridge. On your second appointment, the temporary bridge will be removed. Your new permanent bridge will be fitted and checked and adjusted for any bite discrepancies. Your new bridge will then be cemented to your teeth.

Please note that this is a TEMPORARY BRIDGE, not to be confused with a dental bridge...How is dental bridge accomplished? Your cosmetic dentist will prepare your teeth on either side of the space for the false tooth. You will be given a mild anesthetic to numb the area, and the cosmetic dentist will remove the an area of each abutment (teeth on either side of the space) to accommodate for the thickness of the crown. When these teeth already have fillings, part of the filling may be left in place to help as a foundation for the crown. The dentist will then make an impression, which will serve as the model from which the bridge, false tooth and crowns will be made by a dental laboratory. A temporary bridge will be placed for you to wear while your bridge is being made until your next visit. This temporary bridge will serve to protect your teeth and gums. Your cosmetic dentist may have you use a Flipper appliance.

Who is a candidate for dental bridges?

If you have missing teeth and have good oral hygiene practices, you should discuss this procedure with your cosmetic dentist. If spaces are left unfilled, they may cause the surrounding teeth to drift out of position. Additionally, spaces from missing teeth can cause your other teeth and your gums to become far more susceptible to tooth decay and gum disease.

What is a dental bridge?

A dental bridge is a false tooth, known as a pontic, which is fused between two porcelain crowns to fill in the area left by a missing tooth. The two crowns holding it in place that are attached onto your teeth on each side of the false tooth. This is known as a fixed bridge. This procedure is used to replace one or more missing teeth. Fixed bridges cannot be taken out of your mouth as you might do with removable partial dentures.

In areas of your mouth that are under less stress, such as your front teeth, a cantilever bridge may be used. Cantilever bridges are used when there are teeth on only one side of the open space. Bridges can reduce your risk of gum disease, help correct some bite issues and even improve your speech. Bridges require your commitment to serious oral hygiene, but will last as many ten years or more.

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## Dental Bridge

### Overview of dental bridge procedure

If you have a space from a missing tooth, a bridge will be custom made to fill in the space with a false tooth. The false tooth is attached by the bridge to the two other teeth around the space - bridging them together.

### How is dental bridge accomplished?

Your cosmetic dentist will prepare your teeth on either side of the space for the false tooth. You will be given a mild anesthetic to numb the area, and the cosmetic dentist will remove the an area of each abutment (teeth on either side of the space) to accommodate for the thickness of the crown. When these teeth already have fillings, part of the filling may be left in place to help as a foundation for the crown.

The dentist will then make an impression, which will serve as the model from which the bridge, false tooth and crowns will be made by a dental laboratory. A temporary bridge will be placed for you to wear while your bridge is being made until your next visit. This temporary bridge will serve to protect your teeth and gums.

Your cosmetic dentist may have you use a Flipper appliance. A Flipper is a false tooth to temporarily take the place of a missing tooth before the permanent bridge is placed. A Flipper can be attached via either a wire or a plastic piece that fits in the roof of your mouth. Flippers are meant to be a temporary solution while awaiting the permanent bridge.

On your second appointment, the temporary bridge will be removed. Your new permanent bridge will be fitted and checked and adjusted for any bite discrepancies. Your new bridge will then be cemented to your teeth.

## Dental Bridges Costs

### How much do dental bridges cost?

The average cost of a single fixed bridge depends on many factors, from which region you're in to how many and which type of bridges are needed. Typically dental bridge cost ranges from \$500-900 per tooth. Dental insurance typically pays for about half of the cost of the bridge. This is a cost per tooth in the bridge, and doesn't include the costs for any anchoring crowns on either side of the bridge.

In the case of a Maryland type bridge, costs range from \$250 to \$550 for each attaching wing and \$600 to \$1200 for each false tooth or pontic.

### Advantages of dental bridges:

Bridges are natural in appearance, and usually require only two visits to your dentist. If you maintain good oral hygiene, your fixed bridge should last as many as ten years or more.

### Disadvantages of having a dental bridge:

It is common for your teeth to be mildly sensitive to extreme temperatures for a few weeks after the treatment. The build up of bacteria formed from food acids on your teeth and gums can become infected if proper oral hygiene is not followed.

### Determining the color for your dental bridge?

When considering dental bridges a common question is how white the dental bridge should be. Usually, the answer is to whiten your natural teeth to either the level of whiteness you want or to the brightest they can be. Your cosmetic dentist will then have the dental bridge made to that color. Teeth are of course not monochromatic, so typically more than one color is used to create a very natural look. This color variation is critical in avoiding fake or artificial looking teeth. It is the internal contrast of colors that help create vitality. The internal play of light on the porcelain in the restoration helps to create this vitality. Surface texture is also very important, and helps to break up light reflections and make the dental bridge look more natural. Depending on the type of dental bridge you're considering, it's important that the crowns anchoring the bridge match both the dental bridge and the color of your natural teeth.

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There is no one standard system in the dental field to measure and determine tooth color. The most often heard about, however, is the Vita shade guide. This guide divides tooth color into four basic shade ranges:

A (reddish brown)

B (reddish yellow)

C (gray)

D (reddish gray).

In the A range there are five levels of darkness. Ranges B, C and D, each have four levels.



Not all of your teeth are the same natural color. Usually your eye teeth tend to be darker than the others, your front teeth are typically the whitest, and molars tend to be a shade between the two. The goal for everyone is to achieve their individual optimum whiteness while still looking natural.

Most dentists will show you a shade chart (like the above mentioned Vita Shade Guide) for you to pick from. Keep in mind, with a good cosmetic dentist this is merely a starting point. Other considerations when determining the color of dental bridges for each patient are your complexion, hair color, the color of your natural teeth and even your eye color.

### Dental Bridge Basics

A bridge created by a cosmetic dentist is completely metal-free . . . creating a natural looking smile.

#### Description of Procedure:

A dental bridge (or pontic) is a custom-made false tooth or teeth, that is permanently placed between two healthy teeth, filling in the area left by a missing tooth or teeth. The bridge is held in place by porcelain crowns placed on the healthy teeth on each side of space to be filled.

A bridge created by a cosmetic dentist is completely metal-free. As a result, the bridge absorbs light, creating a natural looking smile. (Bridges made of porcelain fused to metal actually reflect light, creating an "unnatural" look for the tooth or teeth.)

Bridges reduce the risk of gum disease, limit the shifting of remaining teeth, help correct some bite problems and help improve speech.

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### How It's Done

The dentist will first administer an anesthetic to numb the area. Then, a minimal amount of tooth structure will be removed from the teeth on either side of the space to be filled by the new tooth or teeth. This material is removed to provide the needed space for the new crowns.

An impression of the area will be made. This impression will be sent to a dental laboratory, serving as a model from which the bridge will be created.

The patient will then be fitted with a temporary bridge. At the next visit, when the permanent bridge is ready, the temporary bridge will be removed. The new bridge will be fitted and adjusted for perfect fit and comfort. The new bridge will then be bonded to the teeth.

### Technology:

No advanced technology is necessary to create a bridge.

### Recovery Expectations:

Both the preparation and placement of the temporary bridge as well as the bonding of the permanent bridge may cause some minor tenderness in the area. Ibuprofen can reduce the symptoms.

### Complications:

There are no known complications associated with the use of a bridge.

### Am I a Candidate:

If you have a missing tooth or teeth, you are a candidate for a dental bridge.

### Cost:

The cost of a bridge depends on the number of units involved. Typically there is a fee per tooth, including the anchoring teeth on each side. For example, if a patient needed a three unit bridge (one missing tooth, two anchoring teeth), and the cost per tooth was \$1,000, then the bridge cost would be \$3,000. The cost per tooth depends on the lab fees, skill, training and location of the dentist.